24 Hour Traditional EMT Refresher NREMT Breakdown of Hours

Each VILT session covers 2 hours

Airway, Breathing, and Circulation – 8 Hours

TR 1 – ABC - Airway Management and Ventilation 1

TR 2 – ABC – Airway Management and Ventilation 2

TR 4 – ABC – Airway Management and Ventilation 4

TR 5 – ABC – Cardiovascular Emergencies 1

Medical – 4 Hours

TR 9 – Medical – Allergic Reactions and Environmental Emergencies

TR 11 – Medical - Psychiatric Emergencies

Trauma – 4 Hours

TR 13 – Trauma – Head and Spine Injuries

TR 14 – Trauma – Chest and Abdominal Injuries

Obstetrics/Pediatrics – 6 Hours

TR 17 – OB/Pediatrics – Obstetrics 2

TR 19 – OB/Pediatrics – Pediatric Emergencies 1

TR 23 – OB/Pediatrics – Patients with Special Challenges

Operations – 2 Hours

TR 24 – Operations – Health of the Paramedic / Therapeutic Communications

Refresher Total Hours: 24