Each VILT session covers 2 hours

**Airway, Breathing, and Circulation – 8 Hours**
TR 1 – ABC - Airway Management and Ventilation 1  
TR 2 – ABC – Airway Management and Ventilation 2  
TR 4 – ABC – Airway Management and Ventilation 4  
TR 5 – ABC – Cardiovascular Emergencies 1

**Medical – 4 Hours**
TR 9 – Medical – Allergic Reactions and Environmental Emergencies  
TR 11 – Medical - Psychiatric Emergencies

**Trauma – 4 Hours**
TR 13 – Trauma – Head and Spine Injuries  
TR 14 – Trauma – Chest and Abdominal Injuries

**Obstetrics/Pediatrics – 6 Hours**
TR 17 – OB/Pediatrics – Obstetrics 2  
TR 19 – OB/Pediatrics – Pediatric Emergencies 1  
TR 23 – OB/Pediatrics – Patients with Special Challenges

**Operations – 2 Hours**
TR 24 – Operations – Health of the Paramedic / Therapeutic Communications

**Refresher Total Hours: 24**