

48 Hour Traditional Paramedic Refresher
Legacy NREMT Breakdown of Hours

Each VILT session covers 2 hours

Airway, Breathing, and Circulation – 16 Hours

- VILT 1 – ABC - Airway Management and Ventilation 1
- VILT 2 – ABC – Airway Management and Ventilation 2
- VILT 3 – ABC – Airway Management and Ventilation 3
- VILT 4 – ABC – Airway Management and Ventilation 4
- VILT 5 – ABC – Cardiovascular Emergencies 1
- VILT 6 – ABC – Cardiovascular Emergencies 2
- VILT 7 – ABC – Cardiovascular Emergencies 3
- VILT 8 – ABC – Cardiovascular Emergencies 4

Medical – 8 Hours

- VILT 9 – Medical – Allergic Reactions and Environmental Emergencies
- VILT 10 – Medical - Toxicological Emergencies
- VILT 11 – Medical - Psychiatric Emergencies
- VILT 12 – Medical – Endocrine Emergencies

Trauma – 6 Hours

- VILT 13 – Trauma – Head and Spine Injuries
- VILT 14 – Trauma – Chest and Abdominal Injuries
- VILT 15 – Trauma/Operations – Shock/Managing Critical Patients

Obstetrics/Pediatrics – 16 Hours

- VILT 16 – OB/Pediatrics – Obstetrics 1
- VILT 17 – OB/Pediatrics – Obstetrics 2
- VILT 18 – OB/Pediatrics – Neonatal Care
- VILT 19 – OB/Pediatrics – Pediatric Emergencies 1
- VILT 20 – OB/Pediatrics – Pediatric Emergencies 2
- VILT 21 – OB/Pediatrics – Pediatric Emergencies 3
- VILT 22 – OB/Pediatrics – Pediatric Emergencies 4
- VILT 23 – OB/Pediatrics – Patients with Special Challenges

Operations – 2 Hours

- VILT 24 – Operations – Health of the Paramedic / Therapeutic Communications

Refresher Total Hours: 48 (VILT F5)